# WE ARE SO GRATEFUL FOR OUR SPONSORING PARTNERS AND THE MANY OTHER FOLKS WHO SUPPORT OUR WORK!

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Tsugawa Nursery ★ Vibrant Greens ★ Walmart #2469 ★ Wilco ★ Willow Grove Gardens

Renee's Garden ★ Roland Wines ★ Scythe Brewing ★ Summerland Enterprises ★ Three Rivers Christian School ★

It is vital to honor those who came before us and acknowledge the long history of what is now SW Washington state. This area has been home to ancestors of the Cowlitz Indian Tribe for thousands of years. The land, with its rich resources, enabled the Cowlitz People to flourish, and they stewarded the land with their traditional culture. Today we must appreciate the persistence of the Cowlitz People and the important role they play in our region as together we steward the land for all our descendants.

From the Cowlitz Indian Tribe's Cultural Department



## LOWER COLUMBIA SCHOOL GARDENS

empowers our community by connecting kids and families with real food and hands-on learning. Through dynamic garden and cooking programs, we cultivate health, equity, life-long learning and stewardship of the world around us.





Get in touch! PO Box 785 Longview, WA 98632 360-200-8918

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Find out what we're up to... facebook.com/LCschoolgardens.org instagram.com/LCschoolgardens DESIGNED BY HILLARY JENSEN

# A NOTE FROM THE TEAM

Hello Garden Friends, old and new!

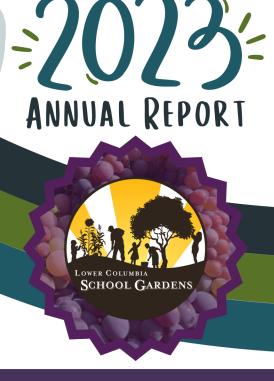
Our small but mighty team continues to hold a lot of gratitude in our hearts for the many ways this community supports our work, and in even simpler terms, makes it possible for School Gardens to exist in this place we call home.

Over the past several years, "reciprocity" as a word and way of being has become a deeper part of our work. We are grateful to the Tend, Gather & Grow curriculum from GRuB in Olympia, and Dr. Robin Wall Kimmerer's book *Braiding Sweetgrass* for this concept that we get to share with students again and again. The garden, nature, the Earth generously provide us with gifts every day; air to breathe, food to nourish us, and beauty to behold. We have many opportunities to, and ways we can reciprocate these gifts; slowing down and sharing our attention is one great place to start. Along with hands-on activities in subjects like math, science, history and social studies, school gardens are a space where we all have those

closer attention to the world around us. With deep gratitude,

opportunities to slow down and give

Emily Anderson, Jorge Brito, Hillary Jensen, Jennifer Johnson, Dexter Kearny, Hannah Long, Robert Loren, Erin McKee, Ian Thompson, Satou Rabbit and Synnamon Rabbit



# HIGHLIGHTS

Three full-time team members speak Spanish and one of them is a native Spanish speaker

> Welcomed two new team members; Jorge Brito and Jen Johnson

Transitioned from GiveMore24 to GiveBIG

Facilitated a workshop at the EPIC Youth Summit

Hosted two Family Cooking Nights in partnership with FČRC

Welcomed Synnamon Rabbit to our garden family

Participated in Ethnic Support Council's International Festival

Started seasonal garden programs at Lexington Planted a micro-garden at new Link-Wallace site

Grew, cooked and shared Epazote

LCC Int'l Students made miso soup at Northlake

Received Nissan truck from Wheels of Hope

3rd year at Longview Library Little Monster Mash

2nd year at Cowlitz Indian Tribe Harvest Fest

Planted Camas bulbs with the Cowlitz Indian Tribe

Started & finished the Barnes Pavilion

Hosted Planet Neptune at Solstice Lantern Walk



# STUDENT SPOTLIGHT: HECTOR GARCIA

#### 6TH GRADE MEMBER OF COWEEMAN MIDDLE SCHOOL GARDEN CLUB

How did you hear about Garden Club and why did you join? Over the intercom at school and back when I was at Wallace. I wanted to be outside a bit more, and learn about the environment.

Does your family have a garden? Yeah, we only grow things in the springtime; flowers, pumpkins and tomatoes. I help with putting soil in the pots; we mostly grow in containers. It's really fun to help.

What would you tell a friend about Garden Club? If you wanna join, we cook and can socialize with others and make new friends, and also be outside more, instead of being on game consoles. We can pick and grow more fruits and vegetables. Also learn to take care of the environment.



Didn't you take home some tomatillos last season? Yes! I took home a whole bag. My Mom loved it, she used them all to cook. I'm not old enough to help cook yet, but when she's making tortillas I always help her. When I'm 12 I'll help with cooking more.

What could we grow more of for your Mom to cook with? Celery would be one, radishes, cabbage, tomatoes, tomatillos, cilantro. Carrots, potatoes and cucumbers are my favorite. My Mom put potatoes in tacos with chorizo. We like to eat the cucumbers fresh and in cucumber water with lemon.

## What was your favorite thing we cooked at Garden Club

what

The tortillas with beans! (For snack during one week of Fall Garden Club, LCSG staff made and brought flour tortilla dough. Students rolled them out and cooked them on a griddle. They also made fresh salsa, and chopped veggies to go inside the tortillas with the beans and cheese.)

Yesenia, is there anything YOU want to share about Hector? He loves Garden Club; he started doing garden when he was still at Wallace. He came home and told me, "Hey Mom, I can do Garden Club at the middle and I said, "OK!" He's always sharing with me school"

> he does. I was very excited to hear about the tortillas he got to make, and he's brought home potatoes and other things. He really likes posole, so when he brought me the whole bag of tomatillos I told him I would make the green posole he likes.

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## PERENNIAL DONORS

#### MARCELO SUAREZ & CAITLIN DOUGHTY

M: I'm a civil engineer by trade; in Spring 2016 I was assigned to a 2-year project in Kelso, and found out about LCSG. One time Ian approached me at Roland Wines, and I quickly learned he knew Spanish and of my homeland. He told me about this amazing org that worked with kids, and had work parties community members could attend. It was such good vibe of people doing various things, and probably

things I may have done before but not in this community way. It evolved into me volunteering time

and donating.

C: I'm a social scientist working at The Nature Conservancy. Even though I never lived in the area per se, I immediately fell in love with LCSG

and I think educating youth about where our food comes from is a fantastic mission.

## What motivated you to become supporters?

M: It's a really well-run org; from that standpoint you know your dollars are well-spent. We believe in the mission and we've seen how the financial aid has gone a long way.

C: The community-building that it does is so visible every time we have the privilege to come down and attend an event. Fun side note: we were inspired by the Fall Gathering's decorations, for our wedding!

### What else should others know about LCSG?

C: The first thing that comes to mind is not quite a secret: the Spring Plant Sale is absolutely amazing and can set your garden up for success from the get-go!

M: How LCSG is transforming households from the "bottom up", from kids sharing their newfound knowledge with the household. We also keep track of the resources; you pull up the website and look at the planting guide and you can see everything you could plant each month. 270 of our volunteers gave 2,300 hours of time and neart to support our work

They help add healthy

It allows me to experience

fresh produce and

different varieties I may

not have tried.

Before the stands I

never had a fig or a

Distributed

**3,160** free

seed packets

to the

community

choices to meals. It

really helps my kids get extra nutrition and

ncourages them to

9 days of Longview

Summer School for 115 students

165 middle school students built community together during **65** davs of Garden Club

> **25** of our volunteers were alumni from garden programs

**47** of our volunteers were family members of current garden students

You guys are incredible and are the reason why my little guys have been able to try new vegetables and fruits. We appreciate you and your hard work. We are

Having fresh produce is really important but not always possible due to the cost of

> I like being able to pick out what I will eat.

Love it, one of the things I like best about our neighborhood.

Set out our fresh produce on Free Farm Stands 54 different times between May

different students

and Nov

Washed 600+ bins during harvest season

with **24** 

local orgs

Hosted 172 Community Garden Days over the summer, with 170

Our staff engaged 4,000

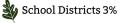
K-5 students in dynamic garden activities and lessons during 104 Garden Days







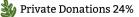












WE VOLUNTEERS

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our gardens and programs

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to get started!